**To Parents / Guardians**

Interrelate, in conjunction with your school, is offering a course for students in Year 6 to prepare them for High School. *“Moving into the Teen Years”* explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.

**… *and your
assurance of quality***

Interrelate’s fully trained and experienced educators, who adhere to a strict code of ethics, conduct the program. Interrelate has more than 85 years’ experience in this field and has a reputation for providing excellence in sexuality and relationship education.

Today over 49,000 students and family members participate in Interrelate school and family programs each year.

Interrelate is committed to protecting the privacy of clients (compliant with the Privacy Act 1998) and maintains an ongoing commitment to quality service delivery.

**The Program**

Four 90 minute sessions conducted during school hours

**Session 1: Who Am I?**

Explores the uniqueness of the individual, highlighting personal strengths and enhancing self-concept. Physical differences between males and females are discussed.

**Session 2: Look I’m Changing**

Deals comprehensively with the physical and emotional changes experienced at puberty.

**Session 3: What’s it all About?**

Covers reproduction, conception, fertilisation and foetal development. Practical strategies to assist students deal with issues they may encounter in adolescence are also discussed.

**Session 4: I’m in Charge**

Looks at birth, the role of parents, and students’ responsibilities in relationships.

Areas such as peer pressure, sexually transmissible infections, relationships with family and friends and where to seek support, are also covered.

**Questions are encouraged and appropriately**

**addressed as an integral part of this program**

***Please Note: The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.***

**Interrelate School Services presents Moving into the Teen Years**

**Student Cost: $32.00 per student**, includes student workbook

 *(school cost, inclusive of GST, is $35.20)*

 **at: TIGHES HILL PUBLIC SCHOOL**

 **on: Thursday, 8th, 15th and 22nd October 2015**

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**Please complete and return to your school with cash/cheque payment in an envelope**
*(please make cheques payable to the school)*

I wish to enrol my child/children  Class

in Interrelate’s ***“Moving into the Teen Years”*** program. Enclosed is my payment of $

Signed Date

 *Parent/Guardian*